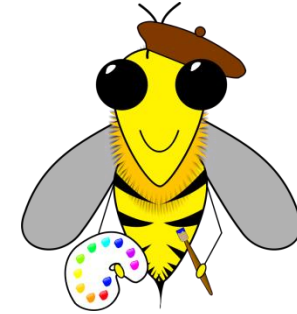


SPIRITIST TO THE ARTS

Instructions



1. First of all, be ready to have fun!
2. Pick a card on the table.
3. Follow the instructions and enjoy!

Draw your understanding (feeling) regarding the progress of the spiritual principle throughout the different kingdoms of nature.

Write a poem regarding obsession and the Spiritist therapy for it.

Draw your understanding on mediumship and its education according to Spiritism.

Write three goals of a prayer (ask, praise, and gratitude) on a board and ask a friend about their wishes for the event as in an exercise of collective prayer.

Draw the vibrational characteristics of balanced Spiritist youth.

Use play dough and create a diorama (a mini world, an entire landscape in a box, carry case, or window) to represent the good and the bad spirit influences onto our homes.

Create a song or a poem to represent the compliance to the Divine Laws and its relationship to wellbeing.

Create a poem by including the following key words: emotions, balance, virtues, vices, and self-knowledge. The foundation of the poem shall contain resources to strengthen the emotional balance of the Spiritist youth.

Think of one of your most frequent emotions. Draw yourself as a flame (spirit) emitting this particular emotion. With this emotion in mind, what color would your flame be? What texture would it be? What scent would it be?

Make a vision board (using drawings) of where you notice the loving presence of God within your daily life.